English A1 Unit 11: Health and the Doctor

Parts of the body and health words, was / were with there was and past time expressions, I've got a cold / I feel ill / my back hurts, and imperatives for doctor's advice (take one tablet twice a day). Reading, phone dialogue, writing a message to your boss and a review: 9 worksheets with answer keys.

ENGLISH A1 · UNIT 11

Health and the Doctor

After this unit you can:

- ☐ I can name parts of the body and say what is wrong (I've got a headache. My back hurts.).
- ☐ I can make a doctor's appointment by phone and give my details.
- ☐ I can understand simple instructions from a doctor or pharmacist.
- ☐ I can say where I was and how I was yesterday or last week.

9 printable worksheets · answer keys included

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ENGLISH A1 · UNIT 11 · VOCABULARY Name: _____ Date: _____

Parts of the body

Focus: parts of the body: head, eyes, teeth, hands, feet, back, heart; singular and plural

PARTS OF THE BODY

body head face hair eye ear nose mouth tooth / teeth neck arm hand finger leg foot / feet back heart

1 Match the word and the sentence.

1. head	a. It has got five fingers.
2. eyes	b. Your hair is on it.
3. mouth	c. They are white and in your mouth.
4. teeth	d. You see with them.
5. hand	e. It is between your head and your body.
6. neck	f. You eat and speak with it.

2 Complete the sentences with a word from the box.

Example: I read with my _____. → eyes

1. Anna has got long dark _____.
2. I brush my _____ every morning. They're white.
3. These shoes are too small for my _____.
4. Open your _____, please. I want to see your teeth.
5. My _____ hurts. The chair at my desk is very old.
6. I've got a cold. My _____ is red.

3 Choose the correct word.

Example: I've got two _____. (foot / feet) → feet

1. My _____ hurts. I can't eat. (tooth / teeth)
2. She's got big blue _____. (eye / eyes)
3. Her _____ are small and cold. (hand / hands)
4. Tom's _____ are long. He's very tall. (leg / legs)
5. I've got a problem with my left _____. (ear / ears)

ANSWER KEY

1 1 b, 2 d, 3 f, 4 c, 5 a, 6 e **2** 1 hair, 2 teeth, 3 feet, 4 mouth, 5 back, 6 nose **3** 1 tooth, 2 eyes, 3 hands, 4 legs, 5 ear

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ENGLISH A1 · UNIT 11 · VOCABULARY Name: _____ Date: _____

Health and the doctor

Focus: health words: ill, well, better, tired, medicine, tablet, doctor, dentist, nurse, hospital

1 Put the words in the correct column.

Example: doctor → People

doctor ill hospital tired nurse medicine well bed dentist hot tablet better water

People	Places and things	How you feel

2 Read and tick True or False.

1. You go to the dentist when your tooth hurts. ☐ T ☐ F
2. A nurse works in a bank. ☐ T ☐ F
3. You take a tablet with a glass of water. ☐ T ☐ F
4. Ill people feel well. ☐ T ☐ F
5. You can sleep and rest in bed. ☐ T ☐ F
6. A hospital is a small shop. ☐ T ☐ F

3 Put the words in order.

Example: medicine / the / take / now → Take the medicine now.

1. has / Anna / cold / bad / got / a

   _____

2. I / the / doctor / can / call / ?

   _____

3. better / Sara / does / feel / ?

   _____

ANSWER KEY

1 People: doctor, nurse, dentist | Places and things: hospital, medicine, bed, tablet, water | How you feel: ill, tired, well, hot, better **2** 1 T, 2 F, 3 T, 4 F, 5 T, 6 F **3** 1 Anna has got a bad cold. | 2 Can I call the doctor? | 3 Does Sara feel better?

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ENGLISH A1 · UNIT 11 · GRAMMAR Name: _____ Date: _____

Was / were

Focus: was / were: affirmative, negative, questions and short answers; there was / there were; past time expressions

GRAMMAR: WAS / WERE

I / he / she / it **was** · you / we / they **were**. Negative: **wasn't** / **weren't**.

Questions: **Was** she ill? Yes, she was. **Were** you at home? No, we weren't.

There was a nurse. **There were** two doctors.

Time: yesterday, last night / week / year, two days ago, in 2015.

1 Complete the table.

Subject	Affirmative	Negative	Question
I	was late	_____ late	Was I late?
you	_____ late	weren't late	_____ you late?
he / she / it	was late	_____ late	Was she late?
we	_____ late	weren't late	Were we late?
they	were late	_____ late	_____ they late?

2 Complete with was, were, wasn't or weren't.

Example: I _____ at home yesterday. → was

1. Where _____ you last night?
2. Sara _____ at work yesterday. She was ill.
3. We _____ in Paris in 2015. The hotel was nice.
4. _____ they at the hospital? Yes, they _____.
5. It _____ cold last week. It was very hot.
6. There _____ two nurses in the room. They were very kind.
7. _____ it a good film? No, it _____.
8. My parents _____ at home two days ago. They were in London.
9. There _____ a problem with my car yesterday, so I was late.
10. I _____ well last week, but I'm better now.

ANSWER KEY

1 1 wasn't, 2 were, 3 Were, 4 wasn't, 5 were, 6 weren't, 7 Were **2** 1 were, 2 wasn't, 3 were, 4 Were / were, 5 wasn't, 6 were, 7 Was / wasn't, 8 weren't, 9 was, 10 wasn't

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ENGLISH A1 · UNIT 11 · GRAMMAR Name: _____ Date: _____

What's the matter?

Focus: have got for illness (I've got a cold), feel + adjective (I feel tired), hurt / hurts (My back hurts)

GRAMMAR: WHAT'S THE MATTER?

What's the matter? → I've got a cold / a headache / a bad back.
How do you feel? → I feel ill / tired / better.
Where does it hurt? → My back hurt**s**. My feet hurt. (he / she / it + -s)

1 Choose the correct word.

Example: My feet _____. (hurt / hurts) → hurt

1. My arm _____. I can't drive. (hurt / hurts)
2. She's _____ a bad headache. (got / get)
3. Where _____ it hurt? (do / does)
4. He _____ got a cold. He's in bed. (have / has)

2 Complete with got, feel, feels, hurt or hurts.

Example: I've _____ a problem with my back. → got

1. Omar _____ ill. He isn't at work.
2. My eyes _____. I can't read.
3. We've _____ a cold. We don't feel well.
4. Her leg _____. She can't walk.

3 Put the words in order.

Example: matter / the / what's / ? → What's the matter?

1. hurt / does / where / it / ?

_____

2. headache / got / I've / bad / a

_____

3. feel / how / she / today / does / ?

_____

4. hurts / lot / my / a / back

_____

ANSWER KEY

1 1 hurts, 2 got, 3 does, 4 has **2** 1 feels, 2 hurt, 3 got, 4 hurts **3** 1 Where does it hurt? | 2 I've got a bad headache. | 3 How does she feel today? | 4 My back hurts a lot.

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ENGLISH A1 · UNIT 11 · GRAMMAR Name: _____ Date: _____

Doctor's instructions

Focus: imperatives for instructions and advice (Take two tablets. Don't go to work.) + once / twice a day, every four hours, before / after meals, for three days

GRAMMAR: INSTRUCTIONS AND ADVICE

Take two tablets. **Drink** lots of water. **Stay** in bed. **Don't go** to work.
How often? **once / twice / three times** a day · **every** four hours
When? **before / after** meals · How long? **for** three days

1 Choose the correct word.

Example: _____ in bed today. (Stay / Stays) → Stay

1. Take one tablet _____ a day. (two / twice)
2. _____ drink coffee or beer. (Don't / Doesn't)
3. Take the tablets _____ three days. (for / in)
4. Take one tablet every _____ hours. (fourth / four)

2 Correct the mistake in each sentence.

Example: Takes two tablets after lunch. → Take two tablets after lunch.

1. Rests at home and drink lots of water.

_____

2. Take one tablet three time a day.

_____

3. Stay in bed for three day.

_____

4. Don't goes to work today.

_____

3 Put the words in order.

Example: water / lots / drink / of → Drink lots of water.

1. tablets / the / take / water / with

_____

2. days / for / medicine / the / take / three

_____

ANSWER KEY

1 1 twice, 2 Don't, 3 for, 4 four **2** 1 Rest at home and drink lots of water. | 2 Take one tablet three times a day. | 3 Stay in bed for three days. | 4 Don't go to work today. **3** 1 Take the tablets with water. | 2 Take the medicine for three days.

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ENGLISH A1 · UNIT 11 · READING Name: _____ Date: _____

Reading: A bad week

Focus: reading: text messages about being ill (was / were, there was, have got, doctor's instructions)

A bad week

Maria: Hi Elena! Where were you last week? You weren't at work.

Elena: Hi Maria. I was ill. I've got a bad cold. On Monday I was very hot and tired.

Maria: Oh no! Were you at the doctor's?

Elena: Yes, I was. I was at the clinic on Tuesday. The doctor was nice. Stay in bed, drink lots of water and take one tablet twice a day for three days.

Maria: And how do you feel now?

Elena: I feel better, thanks. I'm at work today.

1 Read the messages. True or false?

1. Elena was at work last week. ☐ T ☐ F
2. Elena has got a bad cold. ☐ T ☐ F
3. On Monday she was cold and tired. ☐ T ☐ F
4. She was at the doctor's on Tuesday. ☐ T ☐ F
5. The instructions: take two tablets twice a day. ☐ T ☐ F
6. Elena feels better now. ☐ T ☐ F

2 Answer the questions about the messages.

Example: Who was ill? → Elena was ill.

1. Why wasn't Elena at work last week?

_____

2. How was she on Monday?

_____

3. When was she at the doctor's?

_____

4. How often does she take the tablet?

_____

ANSWER KEY

1 1 F, 2 T, 3 F, 4 T, 5 F, 6 T **2** 1 Because she was ill. | 2 She was very hot and tired. | 3 On Tuesday. | 4 Twice a day, for three days.

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ENGLISH A1 · UNIT 11 · EVERYDAY ENGLI... Name: _____ Date: _____

Everyday English: At the doctor's

Focus: everyday English: making an appointment by phone, What's the matter? Where does it hurt? Get well soon!

Model dialogue: at the doctor's

Doctor: Good morning, Mr Lee. What's the matter?

Ken: I've got a headache and I feel tired.

Doctor: Where does it hurt?

Ken: Here. My back hurts. I was in bed yesterday.

Doctor: Take one tablet twice a day after meals, and don't drink coffee.

Ken: Thank you, doctor.

Doctor: Get well soon!

1 Complete with: feel, Thank, see, matter, Clinic, name, Get, o'clock.

Receptionist: Good morning, City _____.

Sara: Hello. Can I _____ a doctor today, please?

Receptionist: Yes. Is ten _____ OK? What's your _____ and date of birth?

Sara: Sara Ahmed. My date of birth is 5th May 1990.

Receptionist: And what's the _____?

Sara: I've got a cold and I _____ very hot.

Receptionist: OK. See you at ten. _____ well soon!

Sara: _____ you. Goodbye.

2 Match the questions and the answers.

1. What's the matter?
2. Does your back hurt?
3. How do you feel today?
4. Were you at work yesterday?
5. Can I see a dentist today?
6. How often do I take the tablets?

a. No, I wasn't. I was ill.
b. Twice a day, after meals.
c. Yes. Is three o'clock OK?
d. Better, thanks.
e. I've got a bad back.
f. Yes, it does. Here.

ANSWER KEY

1 1 Clinic, 2 see, 3 o'clock, 4 name, 5 matter, 6 feel, 7 Get, 8 Thank **2** 1 e, 2 f, 3 d, 4 a, 5 c, 6 b

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ENGLISH A1 · UNIT 11 · WRITING Name: _____ Date: _____

Writing: A message to your boss

Focus: writing a polite message: Dear + name, Sorry ..., I was ill, I've got ..., I feel better, Best wishes

1 Complete the message with: Dear, Sorry, was, better, wishes.

Example: _____ you for your message. → Thank

1. _____ Mr Brown,
2. _____, I wasn't at work yesterday.
3. I _____ ill. I was at home in bed.
4. I feel _____ today.
5. Best _____, Ali

2 Write a message to your boss or teacher (30-50 words).

MODEL

Dear Ms Green,
Sorry, I wasn't at school yesterday. I was ill. I've got a bad cold. I was at home in bed. The doctor's instructions: stay in bed for two days. I feel better today. Thank you.
Best wishes, Omar

- Dear + name
- Sorry, ... Where were you yesterday? What was the matter?
- How do you feel now? Thank you. Best wishes, + your name

Self-check: capital letters and full stops · subject + verb word order · this unit's grammar · this unit's words · the right length

ANSWER KEY

1 1 Dear, 2 Sorry, 3 was, 4 better, 5 wishes

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ENGLISH A1 · UNIT 11 · UNIT REVIEW Name: _____ Date: _____

Unit 11 review

Focus: review: was / were, have got + feel + hurt, imperatives for advice, body and health words

1 Choose the correct word.

Example: I _____ at home last night. (was / were) → was

1. They _____ at the hospital yesterday. (was / were)
2. _____ you ill last week? No, I wasn't. (Was / Were)
3. My feet _____ after work. (hurt / hurts)
4. How _____ you feel? (are / do)
5. She _____ got a cold. (have / has)
6. Take the medicine _____ a day. (one / once)
7. _____ go to work. Stay in bed. (Don't / Doesn't)
8. I've got two _____ and ten fingers. (hand / hands)

2 Complete with: wasn't, hurts, feel, teeth, after, There, better.

Example: He _____ ill yesterday. → was

1. The soup _____ hot. It was cold.
2. My neck _____. I can't work on my computer.
3. I _____ tired and hot. I've got a cold.
4. The dentist looks at my _____.
5. Take the medicine _____ breakfast.
6. _____ were two doctors at the clinic.
7. Ali was ill, but he feels _____ now.

3 Match the word and the sentence.

1. medicine	a. Stay in bed and sleep.
2. dentist	b. You are ill. You take it with water.
3. hospital	c. You've got ten on your hands.
4. headache	d. You see him or her when your tooth hurts.
5. rest	e. You go here when you are very ill.
6. fingers	f. Your head hurts.

ANSWER KEY

1 1 were, 2 Were, 3 hurt, 4 do, 5 has, 6 once, 7 Don't, 8 hands **2** 1 wasn't, 2 hurts, 3 feel, 4 teeth, 5 after, 6 There, 7 better **3** 1 b, 2 d, 3 e, 4 f, 5 a, 6 c

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